

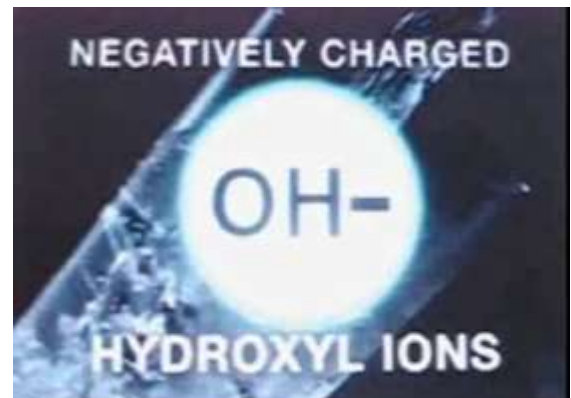
Learning About Alkaline, Ionized Water from YouTube Presentations

There are many YouTube presentations on alkaline water (dozens...and the number is growing). A person could easily spend an hour and only scratch the surface. To help our distributors and potential customers, chippynews.com is screening the various clips. Some are great; others, not so good. Since some of the content is technical, we will transcribe some of the best presentations so you can read and listen at the same time. **Note: To read and listen at the same time, you must copy this page, paste it into an email or document system and print it.**

Here is our first effort: <http://www.youtube.com/watch?v=nL2KJ8rxifQ&feature=related>

Transcription: "Alkaline Water: The Natural Miracle" (read the words as you listen to YouTube)

For centuries, explorers from around the world have searched for magical water, a curative spring, the fountain of youth...where pure and refreshing water could make the body healthy. The search for healing water continued. When scientists conducted experiments at places where water was said to have miraculous properties--like Lourdes in France and glacial streams in the Himalayas--they made an amazing and important discovery: the pH level of these beneficial waters tended to be very alkaline and highly ionized.



About 40 years ago, Russian scientists ran ordinary water past magnetically charged plates and devised a simple method of separating water into two streams, one alkaline and one acidic, a process called ionization. Tap water can be literally transformed into living, energized water. It's called alkaline, ionized water.

Alkaline, ionized water is loaded with negatively charged hydroxyl ions, which act as powerful and pervasive antioxidants in the body, actively seeking out positively charged free radicals that wreak havoc on our cells.



Dr. Robert O. Young, PhD, Valley Center, CA: "When we take antioxidants, we're helping to neutralize the acids that are produced through metabolism."

Nancy McClellan, DC, Dallas, TX. "If you really need the antioxidant protection, nothing is more powerful than this water."

Alkaline, ionized water is restructured during electrolysis, which significantly improves hydration because the water becomes easier for the body to absorb and utilize. Water from tap or bottled sources is normally clustered in groupings containing 11-16 water molecules, but alkaline, ionized water is reformed during

ionization and the water molecules reduced to only 5-8 molecules per cluster. This allows the water to penetrate the cells easier and helps battle or prevent many of the problems associated with chronic dehydration, such as low energy, digestion disorders, constipation and obesity.

McClellan: "Micro clustering splits the water--the size of the water clusters--in half so that they are much more deeply penetrating in the body. They are able to actually enter the cell and cleanse the cell from within..."



Young: "Because rather than have a 'big ball' trying to go into a cell, you have tiny little balls of H₂O that can then permeate the membranes, hydrating that cell, which is so very, very important."

Alkaline, ionized water is also oxygen saturated. As water is ionized, the percentage of oxygen to hydrogen increases significantly, giving you a rich source of extra oxygen in a highly absorbable form, which can be almost double the amount of tap or bottled water.

Young: "Drinking alkaline and ionized water provides extra oxygenation indirectly because when we are in an alkaline state, the body cells--particularly the blood cells, the erythrocytes--then flow to every part of the body, more hydrated, and of course the cells move through a river and that river is an alkaline river."

Perhaps most importantly, alkaline, ionized water helps give your body back its own ability to function at its highest level...and maintain a proper pH balance by providing a rich source of alkaline minerals, like calcium, magnesium and potassium, that the body can easily use.

McClellan: "pH means potential hydrogen, and it's a way of quantifying the amount of acidity in your body. It goes from 1 to 14...7 is neutral. The blood in your body and your tissues should be just barely alkaline, at 7.4."

Young: "The body will do everything it can to maintain that alkalinity by pulling electrons from the water we drink or the food we eat, to maintain the delicate pH balance of the most important fluid in the body, and that's the blood."



The body has to work very hard to maintain its pH level because we are constantly producing acid wastes. Nutrients from our food are delivered to our cells, which they burn with oxygen to provide energy for us to live, leaving byproducts or wastes, which are most often acidic. Our blood stream would normally just pick up these wastes and filter them through the liver, kidneys, colon or skin for elimination. But our high stress lifestyles, lack of rest, type of foods we eat, toxins or pollutants we're exposed to, and a myriad of other factors impact our

body's ability to dispose of acidic wastes quick enough...so the body plays a clever trick, converting acidic waste to solid waste, then storing the solid waste in less critical areas like arteries, capillary blood vessels, or fat tissue.

Young: "You see, most people don't understand the obesity equation. But obesity is the body, in a perfect way, protecting itself against over-acidity."

Some scientists suspect that it's the accumulation of acidic waste that triggers aging and disease.

Young: "My foundational theory is that there is only one sickness and one disease and that's the over-acidification of the blood, then tissues. What causes this? Lifestyle and dietary choices. So all disease is a consequence of choice: what we're eating, what we're drinking, and what we're thinking."

McClellan: "I have several patients who have been drinking this alkaline, ionized water. They have noticed that... They...one fellow got rid of his gout. Another woman got rid of her arthritis. Several have reported that constipation is completely gone. Bloating is completely gone in several of my patients. People have more energy. They're just reporting benefits that are all across the spectrum."



Alkaline, ionized water is recognized in both Korea and Japan to be of such therapeutic value that it has been used extensively in hospitals and clinics in both countries for more than a decade to help heal and reverse the progress of diseases, such as diabetes, hypertension, psoriasis, arthritis, cancer and many other debilitating illnesses.

Young: "We've seen some amazing things, not only in our own clinics, but we've seen amazing things take place in Japan and Korea that substantiates, on a clinical basis, the efficacy of drinking alkaline water and using the acidic water on the skin."



Everyone can start hydrating their body better, get more age-fighting antioxidants and oxygen, flush disease-causing acidic wastes, and get their pH and health back on track

Young: "If someone was to ask me, 'What is the one thing that I could do to have better health?' ...And the answer would be very simple: Start drinking alkalized and ionized water...even if you are eating acidic foods, the most important thing is to start putting in the electron-rich alkaline food so you can neutralize those acids from the foods that you are eating and help to maintain that alkaline design.

McClellan: "When I have any patients who have an illness of any type, I always suggest that, no matter what else they are doing, they always add alkaline, ionized water to it."

Bob & Mila Giddens
407-333-1234 and 407-739-4143 = cell